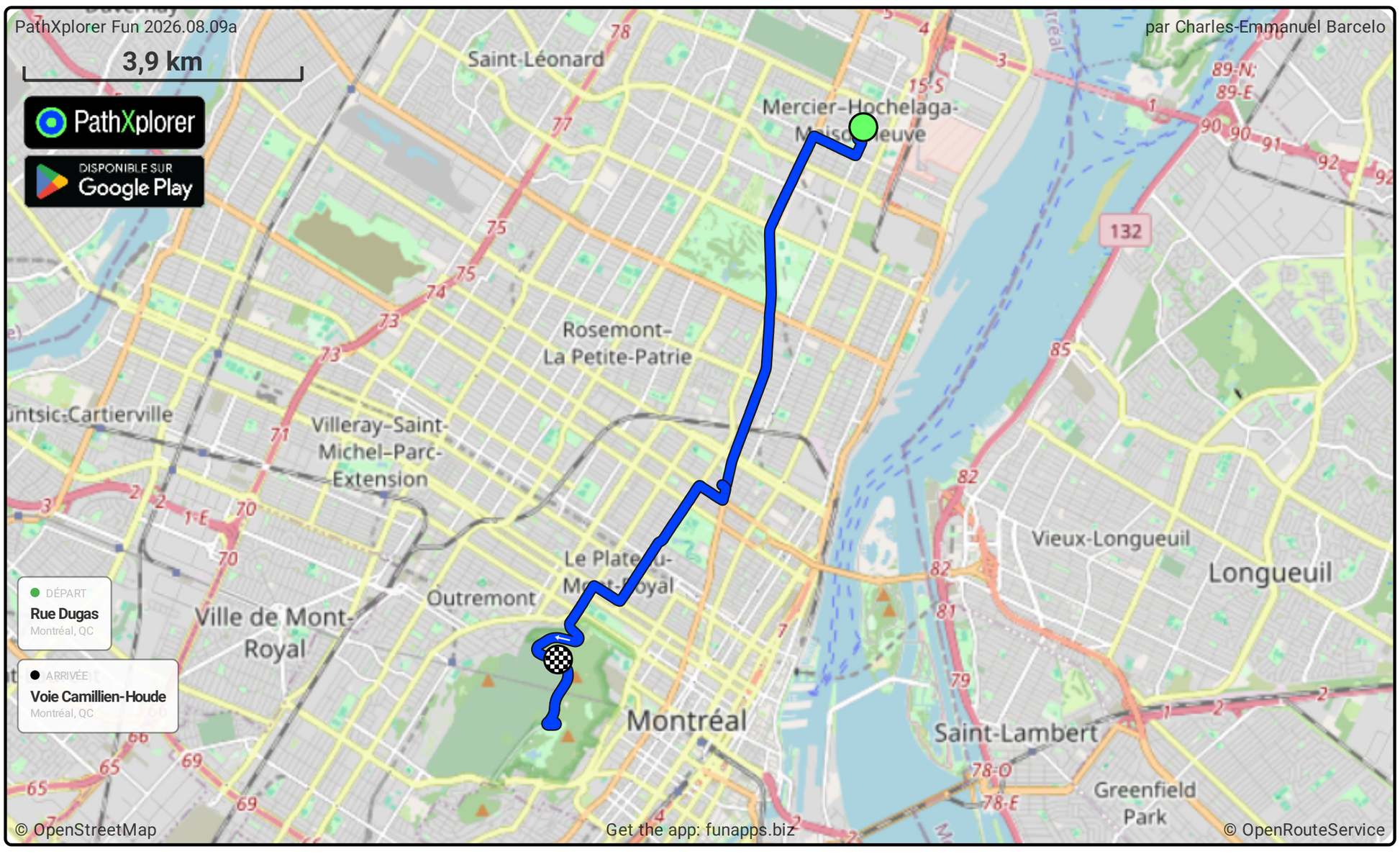
Mont-Royal

2026-07-30 17:49

13,65 km	41:37	↑214 ↓63	29 km/h	35,9°	0,50g
Distance	Durée	Dénivelé (m)	Vit. moy.	Incl. max	G max



HEURE
17:08:02 → 17:49:40
2026-07-30

DURÉE
41:37 · 99% mouv.

DISTANCE
13,65 km · 2:03 /km

POSITION
45°34'40,7"N, 73°32'15,9"W

WAYPOINTS ET GPS
1681 pts · 1,5s · ±4,0 m

PAS
44 steps

CAP

SW 210°

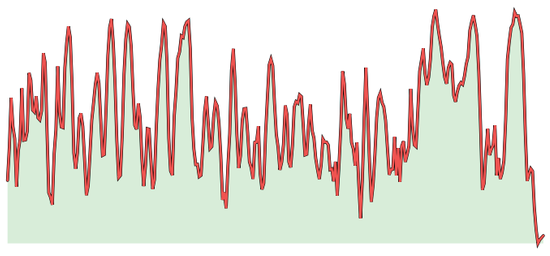
Météo

Départ
24,8°C — Partiellement nuageux — Ressenti 25°C
12 km/h Vent (N) — 26 km/h Headwind
71% Humidité — 0,0 mm Précip.
17:08:02

Milieu
24,8°C — Partiellement nuageux — Ressenti 25°C
12 km/h Vent (N) — 21 km/h Headwind
71% Humidité — 0,0 mm Précip.
17:21:47 — 17:35:31

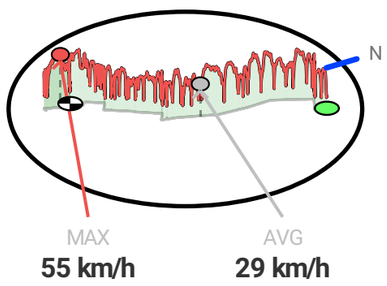
Arrivée
24,8°C — Nuageux — Ressenti 25°C
11 km/h Vent (N) — 33 km/h Headwind
69% Humidité — 0,0 mm Précip.
17:49:40

Vitesse



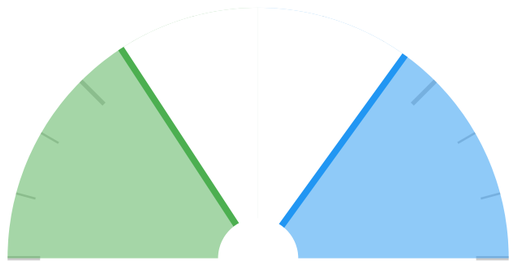
29 km/h	55 km/h
Moy.	Max

26%	51%	22%
0–20 km/h 1:19	20–40 km/h 2:34	40–55 km/h 1:07



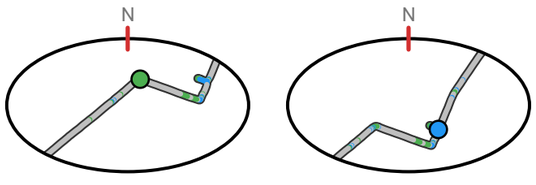
55 km/h — 29 km/h

Inclinaison



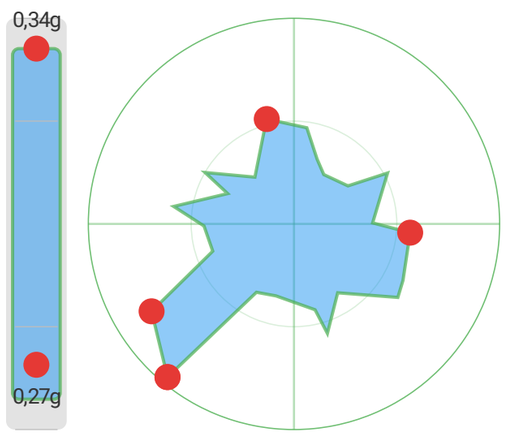
33,2°	35,9°
Incl. G	Incl. D

82%	
Gauche 1:54	Neutre 21:30 / Droite 2:54



Incl. G 33,2° — Incl. D 35,9°

Force G

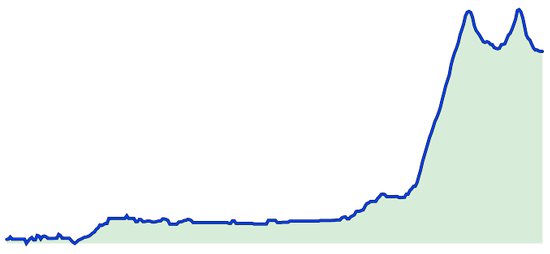


0,504g	0,060g
Max	Moy.

Gauche / Droite	Frein / Accél.	Bas / Haut
-0,23/+0,28	-0,20/+0,30	-0,27/+0,34

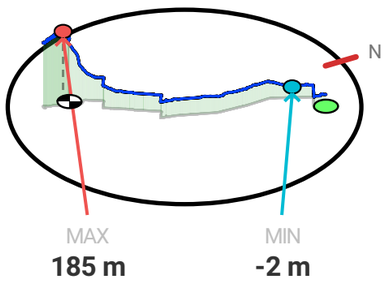
33%	33%	33%
Calme <0,04g 8:44	Mod 0,04–0,08g 8:47	Fort 0,08g+ 8:47

Altitude



185 m	-2 m	214 m	63 m
Max	Min	Gain	Perte

90%		
Montée >8,0% 1:25	Plat 23:41	Descente >13,0% 1:12



185 m — -2 m